

*Travel time and distance are roughly estimated.

Sendai-Miyagi IC

4hrs 343km Tokyo (Kawaguchi JCT)

Visit Misawa! Welcome to

Misawa City Official Tourism Guidebook

 $r_a k r_a \times Misawa$

Enjoy your favorite activities in this great city that connects the world with the vast skies

Enjoy Japanese and International Travel in Misawa

Thede

Skies×Lakes×Food

Misawa has airplanes and history that are must-sees for diehard aviation fans, activities that let you become one with nature, and food blessings cultivated in Aomori. Misawa City blends various world and Japanese cultures. Here, you can experience an extraordinary trip with delicious food.

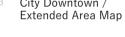


Misawa City Official Tourism Guidebook Visit Misawa!

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Massive works of art decorate the walls and shutters in Misawa City's Chuo-cho. This stunning new spot, created by artists from Tohoku Painters Unite, is truly im-

, Japan and America Joint Cuisine

Misawa soul food, made by Japanese cooks on the advice of American military. This snack features processed cheese wrapped and fried in a dumpling skin.



* MISAWA Monument *

A wooden logo monument that is recognizable at a glance when you visit Misawa. At night, it is lit up and becomes a popular photograph spot.



Misawa Has An American Fee MISAWA TRAVEL

Misawa overflows with an international atmosphere, letting you enjoy a mini-overseas trip

Discover a special time Enjoy Misawa Travel

Misawa City is located in the eastern part of Aomori Prefecture, between the Pacific Ocean and Lake Ogawara. The downtown area has a unique atmosphere, where you can see a concentration of architecture and gourmet cuisine that lets you feel an American atmosphere. The Misawa Air Base for the United States Air Force is located in the city, giving local citizens and Americans chances for exchange. Gourmet cuisine, miscellaneous goods, and designs introduced from abroad are fused with Japanese culture, creating an original landscape and culture in Misawa. In addition, we hold events where you can experience an international atmosphere, such as American Day and a Halloween Festival. Walk throughout Misawa to experience an American feel.

Misawa is packed with highlights to enjoy, in the land, sea, and sky

Misawa City is an irresistible place for airplane lovers, with the Misawa Aviation & Science Museum that is a must visit for aviation fans, as well as the Misawa Air Base Air Festival held in the fall. Misawa has many great food options, including seafood such as fresh squid and surf clams caught from the Pacific Ocean, vegetables such as burdock and garlic specially made in Aomori Prefecture, and meat foods such as Paika (Pork rib) Cuisine and BBQ. In

* Air Force Burger

You can enjoy the authentic American flavors of this hamburger at Roadside Station Misawa. ★ Roadside Station Misawa

summer you can enjoy surfing and swimming in the sea, and in winter you can enjoy fishing for Japanese smelts on the frozen surface of Lake Ogawara, as well as winter activities. Cultural spots such as the Shuji Terayama Museum, and excellent horse-riding that can only be experienced in a horse-raising area, are also very popular. With all it has to offer, from enjoyment, eating, and experiences, you can fully enjoy every corner of Misawa City.

Misawa Aviation & Science Museum, Aomori

Fostering a spirit of science while having fun

See Video

'Eniov Misawa

The Connection between Misawa City and the Sky

This exhibition introduces the

history of aviation developed

in Aomori Prefecture, and our

predecessors who pursued the

romance of flying in the skies.

This includes a display of a full-

size replica of Miss Veedol, the

first plane to achieve a non-stop

flight across the Pacific Ocean.

which departed from Sabishiro

Volunteer Guided Tour

A volunteer-led guided tour that

provides easy-to-understand explanations about the exhibits. In

addition to Misawa's aviation his-

tory, the tour covers fascinating

insights into science and space.

Negotiable (9:00am–3:00pm)

*Reservation required

Available from 1 person

Y No guide fee (Admission

30 min to 1 hr

fee not included)

Beach in Misawa City.

Dreams of the sky connected by history



Satisfying attractions for both aviation fans and families

The Misawa Aviation & science Museum consists of 3 interesting zones for visitors to enjoy. They are the Aviation Zone, where aircraft related to Aomori Prefecture are on display, the Science Zone, where you can experience the joys of learning about the mechanisms that let planes fly, as well as the related scientific principles and laws, and the Space Zone, where you can learn about space exploration and earth observation.

The museum has more than just exhibitions to view. It also has prepared experiences that are irresistible for aviation fans, where you can get the flight simulators and hands-on experience regarding the laws of physics and aviation technology. Both small children and adults can experience these things while freely enjoying the fascination of the skies and science. Several aircrafts are also on display outdoors, making the museum that can be enjoyed both indoors and outdoors.

OF





Let's Fly the Sky

This flight experience lets you glide through the museum in a pulley that hangs from a suspended rail. View the airplanes on display in the museum from above!



Honda Jet

Its original idea and technology of placing the engine on top of the main wings attracted much attention, and the first flight was successfully completed in December 2003. The demonstration model of the Honda Jet, which was unveiled for the first time in the world in 2005, is on display. A must see for fans!

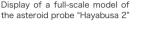
> A hands-on experience museum that children and adults will love, where you can encounter the surprises of the sky and science with all five senses.



ZERO Gravity 360

A 360-degree rotating device that allows visitors to actually experience the zero gravity conditions of space. It uses the same mechanisms used by actual astronauts in training.







They have a collection of freeze dried food used in space, from staple foods to desserts. You can see a large collection of souvenirs as well as goods related to science and airplanes.



YS-11, the first domestically produced postwar transport aircraft. You can see it up close.

Misawa Aviation & Science Museum, Aomori

158 Aza-Kitayama, Misawa, Misawa
 0176-50-7777
 9:00am-5:00pm (Entrance until 4:30pm)
 Closed: Mon. (Following day if it is a national holiday), Dec. 30–Jan. 1
 Adults: 510 yen High school students: 300 yen Junior high school students and under: Free of charge Group discount available

Enjoy A Carefree Time in Misawa

Surfing! Swimming at the beach! And BBQ! Let's have fun in Misawa!

The Pacific Ocean beach popular with surfers

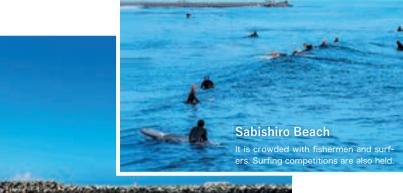
Misawa Veedol Beach is located just south of Misawa fishing port. In summer, the beach is visited by many Americans from the Misawa Air Base, making it an attractive beach with an international scene.

Straight north on National Highway 338 from Veedol Beach is Sabishiro Beach, where a monument commemorating the non-stop flight across the Pacific Ocean, Flight Monument, the Pacific Ocean Observatory, and the full-size model of Miss Veedol are located. The area is also crowded with fishing enthusiats and surfers.

The name Veedol Beach comes from the airplane Miss Veedol, which departed from Misawa in 1931 to achieve the world's first non-stop flight over the Pacific Ocean. How about feeling the grandeur of the Pacific Ocean and remembering the great challenges of the airmen?

BBO spots in Misawa that travelers can freely enjoy

BBQ is part of the unique food culture of Misawa. It can be freely enjoyed by anyone in the parks throughout the city. Contact the City Maintenance Division of Misawa City Hall in advance when using the park, and you can hold a BBO party with your friends and family. Especially during the cherry blossom season, people can be seen enjoying BBO here and there. At several meat shops in the city, you can order BBQ meat, rent a grill, purchase charcoal and even have it delivered to a designated location



Misawa Veedol Beach Visawa Veedol Beach is a place r citizens to relax. Perfect fo Showers are also pro

American-style signs in Misawa

Veedol Dome

A facility designed with a red Miss Veedol airplane as the motif. It also has a flea market and American foods on sale.



Misawa BBO Jamboree -Local Production for Local Consumption in Misawa-

Good news for people who think that holding their own BBQs might be difficult. We have events where you can freely enjoy BBQ without needing to bring anything - just buy a ticket in advance.



Misawa Fisheries Misawa Fisheries

BBQ in the Park Is MISAWA Style

Enjoying seafood from the Misawa City Fisheryies Cooperative is also a highlight of Misawa. We recommend buying fresh seafood, such as freshly caught Misawa Hiru-ika squid, from the Cooperative's direct sales stores, and enjoying them as BBQ.

Being able to freely have

BBQs in city parks is a great feature of Misawa.

Meat, fish, and vegetables

all taste amazingly delicious

when grilled over charcoal.





Delicious seafood!

CHAOZ

A bar that's very welcoming to young people, where you can encounter the wonderful smile of the owner. We recommend the handmade, fresh pasta (1 week advance reservation reauired). Here the owner, who takes areat pride in his food and sets up a food truck every Sunday, shows off his skills. Share Bar lyasaka, where anyone can open a bar, is also in operation. 2F, 1-7-6 Saiwai-cho, Misawa 2000-5221-6765 8:00pm- Closed: Sun. and Mon.

Special evening time Go to An American Bar!

These American bars are unique to Misawa, a place that mixes Japanese and American culture.

Misawa is a very international city, and here, and the streets are lined with bars and restaurants (commonly called "American Bars") where you can try out diverse menu items. During your special nights in Misawa City, which is lively with exchange between Japan and America, be sure to drop by these bars where you can enjoy an American atmosphere. Perfect for relaxing and enjoying sake by yourself just like an izakaya, or for having an exciting time with friends.

These American bars are perfect for both overseas and domestic tourists, as they provide an international atmosphere with staff and guests who speak English and Japanese. The friendly bartenders and staff all look forward to seeing you. Enjoy a special time that lets you experience an international atmosphere in Japan.



TUBES RESTAURANT BAR (TUBES)

A Hawaiian restaurant that the owner takes great pride in. They serve lunch in the afternoon and operate as a bar and café at night. Here you can enjoy their popular Hawaiian cuisine and the Misawa City original cheese rolls.

2-3-34 Chuo-cho, Misawa 20176-52-6452 (Mon. – Thu., national holidays, the day before holiday) 11:30am–10:00pm (Fri.) 11:30am-12:00am, (Sat.) 5:00pm-12:00am Closed: Sun.







MISS VEEDOL SHOP TSUZUKI

This shop has a collection of rare hats directly imported from America by the owner, who is very knowledgeable about airplanes and the military. They also have Miss Veedol goods.

1F Sky Plaza Misawa 2-8-34 Chuo-cho. Misawa 090-1373-4815 10:00am-7:00pm Closed: Jan. 1



KOIWA

This store is a must-visit for military fans, as they have a collection of various military goods currently used by the United States Forces. They also have goods featuring the mascot character of Misawa City, which are perfect for souvenirs. 1-1-1 Chuo-cho, Misawa 0176-53-8854 • 10:00am-6:00pm Closed: Tue.





American Shopping

Military and Miscellaneous Goods

A shop where you can experience different aspects of "America" through a collection of American and Hawaiian goods. You might find seasonal items depending on the time of year. 1F Sky Plaza Misawa

2-8-34 Chuo-cho. Misawa **2** 080-1832-2460/070-8560-2726 9 11:00am-7:00pm Closed: Dec. 31 and Jan. 1











FUU HOUSE

This store features items used by the military, mainly clothing such as jackets that are actually used by the United States Forces, as well as imported American brand goods.

1F Sky Plaza Misawa 2-8-34 Chuo-cho. Misawa 090-3368-2840 10:00am-6:00pm Closed: Dec. 31 and Jan 1



Enjoy Misawa's **Gourmet Cuisine!**

Paika (Pork rib) Cuisine

Crumbly, bouncy, crunchy...Misawa City's gourmet cuisine Paika is made from the cartilage surrounding pork rib, which lets you enjoy different textures depending on the boiling time. Until around 15 years ago, these rare cuts, of which only about 500g can be taken from 1 head of pork, were simply thrown away. The Misawa Livestock Corporation, which handles the promotion of livestock, felt that it would be a waste not to distribute these cuts for food, and proposed a new kind of stew cuisine. Restaurants throughout Misawa also began serving ingenious new menu items.

The collagen-rich cartilage and the surrounding meat are perfect for various kinds of cuisine. These include rice bowls, ramen, curry, wine stews, and more. You can enjoy Paika Cuisine, with its rich variations, in Misawa. Enjoy eating and comparing Paika food at restaurants throughout the city.



Get your fill of delicious food from Misawa City, from seasonal ingredients to a very international food culture.



Oqasawara Shokudo/Paika ramen

See page 32

Stewed with red wine





Misawa Tourism Association/ MISAWA Paika Curry

Paika Cuisine is a B-class gourmet cuisine created from the "mottainai" (no waste) concept.



The delicious beef flavors and the onion's sweet tastes go perfectly with beer and rice.

Barayaki, a very popular local cuisine, is made by stir-frving beef ribs with sweet onions that have absorbed plenty of beef fat and umami (delicious beef flavors) in a sweet and salty sauce.

The dish actually has its origins in Misawa City. After World War II. Misawa served as an important base for the Korean War. and many Americans lived here at the time. Overseas beef culture spread throughout the city, and it is said that inexpensive rib meat, and onions, which were easy to acquire, began being made similar to Korean bulgogi on an iron griddle. (This is just one theory)

Misawa Air Base Kuji Karaage (Air Self-Defense Force Fried Chicken)

A new local cuisine with fragrant burdock and garlic

> Dining Raky / Kuji Karaage (Air Self-Defense Force original deep-fried chicken)



See P32 for restaurant information





Wanting to develop deep fried food that utilized local ingredients, the Misawa Air Base of the Japan Air Self-Defense Forces began using burdock as fried chicken dressing and used garlic as seasoning. See page 32 In Misawa City you can enjoy 2 kinds of this fried food - the "Original" which recreates the flavors used in the mess hall of the Air

Self-Defense Forces, and the "Arranged" which is made with original recipes by each restaurant. Want to know about the burdock healthy miso used in these recipes? Check P.25!

Restaurants that serve Misawa Air Base Kuji Karaage https://www.city.misawa.lg.ip/index. cfm/8,21155,29.652.html



まします

Fat and Learn

Teravama Shokudo is the name of a restaurant that was once run in front of

Misawa Station by the uncle of Shuji Terayama, a poet and playwright native to Misawa. When Shuji Terayama was young, he took refuge for a time in the Teravama Shokudo when it was burned out by the Aomori bombings during the war.

After some time passed, in 2013 a new project was launched bearing the name of Teravama Shokudo. 30 years after the passing of Shuji Terayama. In addition to anecdotes about Shuji Terayama's favorite foods, a menu of foods using local ingredients is served at restaurants throughout Misawa.



from Terayama Shokudo http://kite-misawa.com/eat/ terayamasyokudou/



Sushi and Cuisine Fukusui

This brand squid is delicious and fresh. Enjoy fresh squid sashimi with liver soy sauce in a stylish and smooth manner

🥮 Misawa Hiru-ika Squid

Misawa Hiru-ika squid has been registered as a regional collective trademark, due to its taste, freshness, and excellence all being highly praised. The box is decorated with a red illustration of Miss Veedol, giving Misawa squid the nickname of "Akatonbo (red dragonfly)." Caught in the afternoon in the Misawa Sea on the Pacific coast, a superior fishing ground for Pacific flying squid, it is lined up at Tokyo area markets the next morning.

When trying Misawa Hiru-ika squid in the city, we

recommend fresh squid sashimi. The live squid caught in the afternoon is quickly prepared, letting you enjoy the beautiful transparent body, and the fresh and crunchy textures. We recommend tasting it with rich liver soy sauce, a luxurious way of eating this squid unique to this production area. Restaurants in Misawa serve various kinds of squid cuisine in addition to fresh squid sashimi – including sushi, tempura, and fumiso-yaki(grilled with internal organs miso). It goes perfectly with lunch or evening drinks.

See page 32



Restaurants that serve Misawa Hiru-ika squid http://kite-misawa.com/ eat/hiruika/



Hokki clams are caught throughout the shores of Aomori Prefecture, from Hachinohe to Misawa. Misawa's surf clams in particular feature white shells which change to a brilliant pink color when boiled. The Misawa City Fisheries Cooperative's regulations state that any clam 8 cm or less in length should be sent back to the ocean. Because of this, the surf clams that are caught are quite large and thick, and very filling. When you bite into the clam's springy body, the sweet and delicious flavors spread in your mouth without any odor.

In winter every year, Misawa Hokki Don, using surf clams from Misawa, spreads to restaurants throughout the city, such as sushi restaurants and cafes, that all serve unique menu items. At these restaurants, you can enjoy Hokki Don in various cooking styles, such as Japanese and Western food, and boiled, stir fried, and fried. The only condition for restaurants is that they use Misawa surf clams (caught during the period from December 1 to March 31, when the ban on fishing is lifted).



For a limited time, you can enjoy surf clams while walking Experience the winter flavors cultivated in the Pacific Ocean

with white shells and cherry blossom color,



See page 32
Restaurants that serve Misawa Hokki Don
http://kite-misawa.com/ eat/hokki-don/







The Lake Ogawara Shore Area is an outdoor spot where you can be healed by grand nature

Lake Ogawara Shore **Camping Grounds**

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> The grounds are in a good location where you can swim in the lake and play water games nearby, so even children can enjoy a relaxing time. You can also use the grounds for motorcycle camping, making them popular with bike riders. Reservations possible from 2 months in advance.

- 116-2962 Aza-Sabishirotai, Misawa, Misawa (Lake Ogawara administration office) O176-59-2830 (admission 8:30am-5:15pm) Closed: Dec. to mid Apr. Y Overnight stay: 2,200 yen / Day camp:
- 1.100 ven

Lake swimming and hot springs are nearby! The lake shore camping grounds accessible to beginners

Two campgrounds and cottages along the shores of Lake Ogawara allow you to enjoy the outdoors with a lakeside view. In the summer, a lakeside swimming area opens where you can enjoy kayaking, stand-up pad-



dleboarding (SUP), and other outdoor activities.

You can park your car and drop off your luggage in the lot near the lakeshore camping grounds. Even if you didn't bring your own camping equipment, you can freely enjoy camping here by renting tents, BBQ stoves, and cutlery sets from the Lake Ogawara administration office. You just need to bring your own food.

The auto campground can only be entered by camp users. It has many points to enjoy for people who want to stay consecutive nights or who want to have a pleasant camping experience including showers and washing machines, and electrical sources in part of the site. This environment is highly satisfying for both experienced campers and beginners.

Lake Ogawara Cottage

The entire building faces the lake, and on clear days the Hakkoda Mountains look absolutely splendid during the evening. The rooms have a terrace attached, and there is a kitchen, as well as cooking utensils you can freely use, so you can cook here.

116-2962 Aza-Sabishirotai, Misawa, Misawa (Lake Ogawara administration office) @ 0176-59-2830(admission 8:30am-5:15pm (Apr. -Oct.)/-5:00pm (Nov. -Mar.))

Closed: Dec. 28 to Jan. 3 ¥ 11,000 yen (1 cottage)



Misawa Auto Campground

families, since there are facilities such as a clean coin shower and laundry, as well as playground equipment. You can choose sites with or without electrical sources.

261-4 Aza-Waseda, Misawa, Misa-(admission 8:30am-5:15pm) Cottage Y Overnight stay: from 2,200 yen For the further information, see

the background. A beautiful sunset that you

will remember for a lifetime, that you'll want to

share with family and friends.

the Campsite. Auto Campground and Lake Oqawara







Tiny resort misawa

A lakeside resort accommodating up to six guests. The stay includes access to a BBQ set, sauna, SUP, fire pit, and a wood-fired bath, ensuring a fulfilling experience yearround. Enjoy unforgettable moments with family and friends in a breathtaking location.

255-18 Misawawaseda, Misawa 080-5484-3768 制造 Closed: Opened year around





makes it even

delicious!





Indoor gateball

ground

Yasuragi-so-

Shimin-no-mori

Baseball General Athletic Park

Hobby house ground administration building

Recommended for camping with

wa

Evening

Sun

© 0176-59-3311

Closed: Nov. to mid Apr.

Day trip: from 1,100 yen

the rate on the homepage.

▲ Scan this for

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Have a great time at the Lake Ogawara shore! The kavak experience is safe even for beginners

Lake Ogawara is the largest in Aomori Prefecture, and unusually among lakes in Japan, even has its own address. It has water from the Takase River, which has the Hakkoda Mountain Range as its source, as well as unique water quality

Enjoyable Misawa Nature Trip

Lake Oqawara

Outdoor Activity

from being a brackish lake with seawater that flows from the Pacific Ocean at high tide mixed in. It has the nickname treasure lake, as it boasts Japan's highest catch for seafood such as shijimi clams and whitebait fish.

Visitors who want to enjoy the outdoors and activities come here throughout the year. In particular, many of them enjoy lake swimming in the summer, and fishing for Japanese smelts in the winter. The lake has shallow shores and gentle

waves, so the kavak and SUP experience programs are very popular. Instructors from the Lake Ogawara Kavak Labo are here to patiently teach the basics to beginners. You can see exceptional scenery on the lake, while rowing the paddles, feeling the wind, and being covered in unique feelings of floating and freshness. Check the website for the latest information on reception for each experience program!

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Lake Swimming Area

The water depth is around 1m meter even away from the shore, meaning it's easy to get a foothold and you don't ha-ve to worry about being swept away by wayes. Perfect for playing in the water as a family. 10:00am-4:00pm

Season: 7 Mid Jul. – Late Aug.

Enjoy seasonal activities In summer, you can try kayaks

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SUP Experience

Stand Up Paddle Boating (SUP) is a water sport where you ride by standing on a stable and very buoyant board and row forward the water using a paddle. There is careful instruction available for beginners, so you can really enjoy the SUP experience time.

High school students or older: 4,000 yen/ Upper-grade elementary to junior high school students: 2.500 ven



Inquiry about kayac and SUP

Lake Ogawara kayac lab 20 080-6591-6586 HP https://ogawarakokayak.com/ Any time available from Jul. to Sep. (Sat. and Sun. only in May, Jun. and Oct. *Reservation required for weekdays)



Enjoy Winter Activities on the Frozen Surface of Lake Ogawara

5 years old to junior high school students: from 2,000 yen (1 hr)

Fun seasonal activities that use the intense winter cold

In winter, the surface of Lake Ogawara freezes over. Part of it is thick enough for an adult male to walk on. so season-limited activities, such as ice walking and ice kavaking, are held. In addition, you can fish for Japanese smelts on the thick ice of the nearby Lake Anenuma.

Japanese Smelt Fishing

You can fish on Lake Anenuma from mid-January to late February. The Japanese smelts caught here can be cooked on site and can even be made into tempura at the Shimin-no-mori restaurant Osekka. There are parking lots, bathrooms, and equipment rental available.

Aomori Fishing Guide

2 090-3506-6608 HP https://aomori-fishing-guide.

com/ 6:30am-3:00pm *Reservation required by 6:00pm of the previous day Season: Mid Jan. to Late Feb. Basic fee: 800 yen (Fishing pass and parking fare) plus other rental fees

Try walking on the frozen thick ice on the lake, or making your way through the gaps in the ice in a kayak. These programs can only be found in Aomori Prefecture, with its intense winters. Participants wear dry suits, so you don't have to worry about the cold! After having a great time with these activities, you can reward yourself with tea time in a tent with a firewood stove.

Ice Walking and Ice Kavaking

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Lake Ogawara kayak lab 2 080-6591-6586



Season: Jan. to Mar. (depending on the lake ice condition) Ice walking or kayak: 4,400 yen (1 hr), Ice walking and kavak: 6.600 ven (2 hrs) *Including a dry suit, tools and insurance *Maximum al-

lowed 10. Reservation required by the 2 day *Only for upper-grade elementary school students or older

IP https://ogawarakokayak.com/



Hobby House for Pottery Togeikan

Experience the entire pro-

ess, from making the form with clay, to adding color.

Restaurant Osekka In addition to the menu consisting of items made locally for local consumption, using seasonal and local ingredients, you can order lunch boxes and make reservations for dinner parties. Paika Cuisine and the menu of Terayama Shokudo (P13) are also available.

See page 32

Face the soil of the earth and create works of art. Be sure to make an advance reservation if you'd like guidance from an instructor.

⊡ 116-2945 Aza-Sabishirotai, Misawa, Misawa
 ☑ 0176-59-2815
 ☑ 9:00am-5:00pm
 Closed: 3rd Mon. (following day if it is a national holiday), New Year's holidays
 ☑ Fee: 100 yen, Clay fee is separately



reauired



Dog Park

The dog park, which has grass that your beloved pet dogs can run on to their hearts' content, can also be reserved for private use. Please inquire with the Athletic Park administration building.

0176-59-2221
 9:00am-4:00pm (admission until 3:00pm)
 Closed: Nov. -Apr.
 Y 1 family [up to 5 dogs]: 330 yen per hour



Enjoy hot springs, food, and experiences while taking in the area's nature

Large public bath with hot spring water with a view of Lake Ogawara

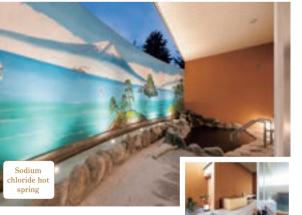
Located 3 minutes by car from the parking lot of the Lake Ogawara shore, Shimin-no-mori has a collection of facilities such as hot springs, restaurants, accommodations, and hands-on ceramic experiences. The natural hot spring flowing directly from the source is especially popular with both visitors from Misawa and elsewhere. From the windows of the large public bath, you can see the splendor of Lake Ogawara. Those who want to enjoy relaxing camp accommodation will be quite pleased, and there are many visitors who enjoy local gourmet cuisine at the restaurant Osekka located in the rest house.

Shimin-no-mori Onsen

At this large public bath, you can enjoy a panoramic view of Lake Ogawara and the Hakkoda Mountains. Many visitors have praised the beauty of the evening sun setting behind the Hakkoda Mountains. As for the hot spring water quality, it is a simple hot spring that is hypotonic, with high Alkaline levels. Please see P28 for hot spring data.



This scenery can be seen from the Shuji Terayama Museum's promenade. It is thought that there were villages here in the distant past. Now there is a promenade installed here, and it's highly recommended as a walking spot.



abavaki Don

Spa House Kawamura

Spa House Kawamura, located in downtown Misawa, has just finished renovations. It has been newly equipped with an authentic dry sauna (men's bath) using sauna stones, a painting (in the women's bath), and a cold bath made of Aomori cypress. The attractive spot beloved by Misawa locals. With so many hot springs in Misawa, you're sure to find your favorite



Misawa is packed with hot springs used by local and outside visitors

There are actually over 10 hot springs within Misawa City. Most of them are gathered in the downtown. Misawa can be called a hot spring paradise. Being able to drop by a hot spring within walking distance from the hotel you're staying at is incredibly appealing. It's a wondrous thing to go around different hot springs to heal your tired body after traveling.



Hoshino Resorts Aomoriya

When you want to reward yourself,

Spend A Special Time in Misawa









The sophisticated guest rooms produce a peaceful and special time. There is also a lounge space where you can do work, and you can spend elegant moments here.

This hotel features all Aomori has to offer

Hoshino Resorts Aomoriva is perfect for travelers who want to not only stay in their hotel, but spend a special time there. This hotel is packed with the good points and charms of Aomori Prefecture. Throughout the year, various parts of the hotel are adorned with Japanese festival decorations, giving Hoshino Resort Aomoriya a different atmosphere each season. The hotel has a full lineup of activities you can only experience here. You can enjoy a full day just at the hotel thanks to its diverse range of activities. These include shows where you can experience the enthusiasm of representative Aomori festivals, Tsugaru Kogin embroidery, Japanese scallop fishing, and riding horse carriages.



yourself in the city, spend relaxing and healing moments here Spanning approximately 220,000

After a long day enjoying

tsubo (about 727 acres), this area is rich in nature, allowing you to take leisurely walks and unwind in the lounge while enjoying the beauty of a season. You can explore various hot springs, including an open-air bath with natural spring water, an indoor bath infused with the scent of Aomori cypress, and Motoyu, where sunlight filters beautifully through traditional Tsugaru vidro glass. Complete the experience with Aomori's beloved local cuisine, and you'll have fully immersed yourself in the essence of the region.

Hoshino Resorts Aomoriya See page 29

Motoyu See page 28

> Alkaline simple hot spring



Learn, Play, Buy !

Roadside Station Misawa Tonami Domain Memorial Tourist Village

The beautiful and enjoyable Roadside Station is packed with spots that children can also enjov

Roadside Station is packed with history and charm Including the start of civilization with livestock raising in Misawa

Reflecting Misawa's historical reputation as a horse-breeding region. Roadside Station Misawa features vast grassy fields on a former ranch. Visitors come not only for meals. souvenirs, and travel information but also for horseback riding experiences, fresh local vegetables, and go-karts, making it a popular spot for both tourists and local families. Within the facility, the Memorial Hall for Forerunners showcases historical documents highlighting the achievements of Yasuto Hirosawa, a visionary person who played a crucial role in the late Edo-period in uniting five struggling prefectures to form ay Aomori Prefecture. He also inn-style ranching to Japan troduce engineers, contributwith the h al development. ing significantly o region







This business in Misawa City is run to bring people closer to horses. People are always permitted to tour the farm where these unique horses live. **070-2013-7409**

chine of Vacuto

Memorial Hall for Forerunners, Misawa

This museum follows the achievements of Yasuto Hirosawa. who made great efforts in the

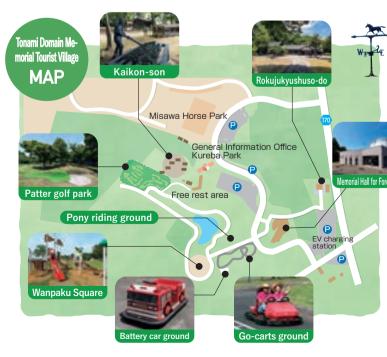
New Year's holidays (Dec. 29 – Jan. 3)

* Elementary and junior high school students are

Trial horseback riding (45 min): from 5,000 yen

小孩儿午!

Misawa Horse Park







Extremely delicious garlic miso

A specialty product of Misawa, known for its thriving root vegetable cultivation. This garlic miso is versatile, working as both a condiment and a side dish for rice. It comes in three varieties: the classic mild version suitable for children, burdock-infused, and shiso-infused.

Roadside Station Misawa. Misawa Vegetable Market 1-6-7 Saiwai-cho, Misawa Kibana 0176-58-5853

Gobo (burdock) Soba



Misawa ranks among Japan's top producers of burdock in terms of cultivation area and shipment volume. This locally made soba. crafted with Misawa burdock, boasts an aromatic, rich flavor that fills the air the

moment you open the package. The noodles' thickness and ingredient ratio are carefully adjusted for a smooth and enjoyable texture.

III Misawa Airport Store, Misawa Aviation & Science Museum 2-1-1 Saiwai-cho, Misawa Misawa City Chamber of Commerce and Industry Women's Club 0176-53-1576



Roadside Station Misawa / Tonami Domain Memorial Tourist Village

4-298-652 Yachigashira, Misawa * Address is the same for any facilities in Tonami Domain Memorial Tourist Village 0176-59-3009 Closed: New Year's holidays (Dec. 29-Jan. 3)

General Information Office Kureba Park ☎ 0176-59-2711

9:00am-6:00pm (-5:00pm (Nov. to Mar.)) ⁴ Attractions such as go-carts are available until 4:30pm from Apr. – Oct. Restaurant

10:30am-4:30pm (-3:30pm (Winter)) (L.O. 4:00pm / 3:00pm (Winter)) Closed: New Year's holidays (Dec. 31 - Jan. 2)



Kaikon-son

The Aizu clansmen who lost in the Boshin War moved near the areas which are now Shimokita District and Sannohe District as part of the Tonami Domain. This reclaimed land village features recreations of the lifestyle of that time with life-sized models and leaves a powerful impression.



Please check the website for details Burdock Tea Soft on Burdock Tea Soft Serve Ice Cream Serve Ice Cream



The new local sweet. Burdock Tea Soft Serve Ice Cream, made its debut in October 2021! The nutty fragrance and the rich, sweet flavors make this ice cream very popular.







Please see the website for the Experience Program options available

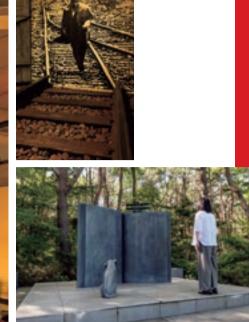
Documents written by Kaishu Katsu

that convey the various relation-

Leave your books behind, let's go to Misawa!

Shuji Terayama 🗾 Museum

Take a peek at this mysterious and beautiful other world. The entrance to Terayama World never ceases to charm visitors



O Museum Shop Features a standard lineup of more than 320 items, including books and goods





Photography is permitted for all permanent exhibitions, including the play and movie sets of Tenio Sajiki, the theatre troupe led by Shuji Terayama, as well as the models of the actors. Visitors will be moved by the unique worldview on display.

This museum follows the achievements of Shuji Terayama An artist with an uncompromising attitude and heterodoxy

Shuji Terayama was an extraordinary multi-talented artist who was raised in Misawa City. He was a writer of Japanese and other forms of poetry, playwright, movie director, essayist, and a horse racing critic. He held various titles, and in

the 1960s and 70s he was attracted to underground culture. Even now, almost 40 years after his passing, these unrivaled feelings are held by many young people, and his theater works continue to be performed in Japan and overseas.

This museum lets visitors experiences the works and materials left behind by Shuji Terayama, with all his great talents. It is located in the Lake Ogawara shore area, with

all of its rich greenery. The quirky building is designed with a wall clock motif. Push open the pure red door to find Terayama World iust ahead.

The meanest?! exhibition in Japan Enjoy it like a treasure hunt

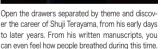
The permanent exhibitions have been created with "searching for



Shuji Teravama" as the concept. Visitors peek into 11 desks with flashlights in their hands, and discover handwritten manuscripts, letters, and treasured items.

At a glance, you may think that no other museum in Japan has such an unkind exhibition like this. It's designed with the idea of enjoying a gimmick in which you can't see anything unless you put in the effort vourself.

People tend to have a scary im-



pression of Shuji Teravama, but

in all of his works you can see a

completely different side. People

may see a very different Shuji Ter-

ayama depending on who views

After appreciating the museum,

take a stroll through the prom-

enade among the tree groves.

Immersing yourself in the deep

culture and refreshing nature is a

big part of the museum's appeal.

the words he left behind.

▲ Terayama's Mocha

Developed by cogemame, a coffee shop in Misawa, this coffee blend is inspired by the tanka poetry of Terayama. The newly designed drip bag packaging has sparked a surge in popularity!



lede no Surume is a pun on Shuji Terayama's booked lede no Susume. (Surume means dried souid in Japanese, and the original title means "In Praise of Running Away from Home") The handheld size, as well as the deep flavors of the Stamina-gen-tare Sauce, an Aomori specialty, make it a popular souvenir.

Shuji Terayama Museum 116-2955 Aza-Sabishirotai, Misawa, Misawa 0176-59-3434

Close: Mon. (following day if it is a national holiday), Dec. 29-Jan. 3 ¥ Adults: 550 yen, University and high school students: 110 yen, Elementary and junior high school students: 60 yen * Junior high school students and under are free on every Sat.

9:00am-5:00pm (Entrance until 4:30pm)



Enjoy the many hot springs and hotels in Misawa City that can heal vour tired body after a long trip. We recommend going around the various hot springs while walking through Misawa before heading back to your hotel. Finding the right combination of hot springs and accommodation plans for you, including hot springs near campsites, is the real charm of traveling to Misawa



Onsen Facilities

1 Hoshino Resorts Alkaline simple Aomoriya, Motoyu

9:00am-9:00pm((final admission 8:00pm) ¥ Adults: 450 yen, Elementary school students: 150 yen, Children (over 4 years old): 60 yen, Children (under 3 years old): free of charge c/o Hoshino Resorts Aomoriya, 56 Furumakiyama, Misawa 0176-51-1116 P Available Closed: Please contact



2 Sanriku Onsen Sodium hot spring 8:00am-10:00pm Adults: 300 ven. Elementary school students: 100 ven. Children (under the elementary school age): 50 yen 3-912-1 Mikawame, Misawa **2**0176-54-2857 P Available Closed: Thu, and New Year's holidays

3 Taro Onsen O Sodium chloride hot spring 6:00am-11:00pm X Adults: 320 yen, Elementary school students: 190 yen, Children (under the elementary school age): 120 ven 2-49-2 Fukava, Misawa 0176-53-4649 P Available Closed: Opened year around

4 Shimin-no-mori Onsen Simple hot spring 9:30am-9:00pm ¥ Adults: 220 yen, Children: 110 yen (citizen discount available) 116-2945 Aza-Sabishirotai, Misawa, Misawa 2 0176-59-3388 P Available Closed: 3rd Mon. (or the following day if the Monday is a national holiday). New Year's holidays

5 Spa House Kawamura () Sodium chloride hot spring

10:00am-11:00pm Adults: 400 yen, Elementary school students: 150 yen, Children (under the elementary school age): 50 yen 2-10-23 Chuo-cho, Misawa **0176-53-2244** P Available Closed: 1st Mon

6 Hirahata Onsen () (Alkaline simple hot spring 6:00am-11:00pm Mults: 370 ven. Junior high school students: 300 yen, Elementary

school students: 150 ven.Children (under the elementary school age): 50 ven ▶ 8-83-2 Okamisawa, Misawa ☎ 0176-57-4045 Available Closed: Opened year around

7 Misawa Airport Onsen O O Alkaline simple hot spring 5:00am-12:00am

Adults: 420 yen, Elementary school students: 160 yen, 3 years old to elemen-

tary school students: 60 yen, under 3 years old: free, One-day pass: 800 yen 1-83-90 Higashi-okamisawa, Misawa **2**0176-53-4167

P Available Closed: Irregular holidays (twice per year)

8 Misawa Hoyo Center O Simple

hot spring 6:00am-9:00pm Adults: 330 ven. Elementary school students: 150 ven. Children (under the elementary school age): 70 ven 1-32 Aza-Sonosawa, Misawa, Misawa 0176-54-3637 P Available Closed: From 6:00pm of Dec. 31 to Jan. 1

Sizakino Onsen O Alkaline simple

hot spring 5.00am-10.00pm Nov. to Mar. (5:30am-10:00pm) Adults: 400 ven. Elementary school students: 120 ven. Children (under the elementary school age): free 3-6-2 Higashi-cho, Misawa 20176-53-8700 P Available Closed: Jan. 1

10 Katsura Onsen O Alkaline simple hot spring

5:00am-11:00pm Adults: 400 yen, Elementary school students: 100 yen, Children (under the elementary school age): 50 yenOver 70 years old: 350 yen P Available Closed: Opened year around

🖌 Hot Spring Trivia Memo

Misawa City has hot springs with different kinds of water, including simple Alkaline hot springs, and Sodium hot springs. Simple hot springs are low irritation and gentle for the skins of the elderly and children. In particular, it is said that simple Alkaline hot springs have hot water that grant glossy, beautiful skin. Sodium hot springs don't give you a very chilly feeling after bathing in them, so they're recommended for when you want to warm up.

I want to relax until late!"

Accommodation Facilities

HOTEL TRUST INN

1-7-12 Chuo-cho, Misawa 0176-58-7714 III 0176-58-7723 Check-in time 3:00pm / Check-out time 11:00am on your departure date HP https://www.trust-inn.net/

2 Misawa Highland Hotel

3-9-38 Chuo-cho, Misawa ☑ 0176-58-5881 Ⅲ 0176-58-5882 Check-in time 3:00pm / Check-out time 10:00am on your departure date HP http://misawahighland.cojp.jp/

3 Taro Onsen

2-49-2 Fukava, Misawa **2** 0176-53-4649

4 Misawa City Hotel

🖪 2-1-1 Chuo-cho, Misawa ☑ 0176-52-7777 Ⅲ 0176-52-7770 Check-in time 3:00pm / Check-out time 10:00am on your departure date IP https://misawa-cityhotel.com/

5 Hotel Route Inn Misawa

1-9-2 Saiwai-cho, Misawa ☑ 0176-50-1011 Ⅲ 0176-50-1012 Check-in time 3:00pm / Check-out time 10:00am on your departure date HP https://www.route-inn.co.jp/

6 Misawa Princess Hotel

1-3-26 Saiwai-cho. Misawa © 0176-57-2351 🕅 0176-57-2391 Check-in time 3:00pm / Check-out time 10:00am on your departure date HP http://www.princesshotel.jp/princessH/

Hotel Grand Hill Tsutaya

3-8-4 Matsuzono-cho Misawa ☑ 0176-53-1000 I 0176-53-7815 Check-in time 3:00pm / Check-out time 11:00am on your departure date HP http://www.grandhill.net/

8 Hotel Tensui

89 Furumakiyama, Misawa Toll-free 0120-310-412 • 0176-53-3053 0176-53-8427 Check-in time 3:00pm / Check-out time 10:00am on your departure date HP https://hotel-tensui.com/

Hotel Misawa Inn Koyo

1-6-8 Saiwai-cho, Misawa ☑ 0176-53-5511 I 0176-53-8255 Check-in time 3:00pm / Check-out time 11:00am on your departure date HP https://www.hotel-koyoen.com/

10 Annex Princess Hotel

1-6-48 Saiwai-cho, Misawa © 0176-51-8181 🕅 0176-57-2664 Check-in time 3:00pm / Check-out time 10:00am on your departure date HP http://www.princesshotel.jp/annex/

Business Hotel KOYOEN

1-9-40 Saiwai-cho, Misawa ☑ 0176-53-4900 Ⅲ 0176-53-4911 Check-in time 3:00pm / Check-out time 11:00am on your departure date

12 SUNNY FLAT Business B&B

🖸 4-4-6 Higashi-cho, Misawa ☎ 0176-53-5780 0176-53-1003 Check-in time 3:00pm / Check-out time 10:00am on vour departure date Https://sunny-flat.net/

Business Hotel BigWest

1-7-19 Chuo-cho, Misawa ☎ 0176-51-1500 🕅 0176-51-1502 Check-in time 3:00pm / Check-out time 10:00am on vour departure date

14 Hoshino Resorts Aomoriva

56 Furumakiyama, Misawa Accommodation reservation 050-3134-8094 (Reception hours: 9:30am-6:00pm) Activity

shuttle bus 0176-51-1116 (Reception hours: 10:00am-5:00pm) Check-in time 3:00pm / Check-out time 12:00pm

on your departure date HP https://hoshinoresorts.com/ja/hotels/aomoriya/

II5 AURUM MISAWA

1-6-25 Chuo-cho, Misawa O176-58-7799
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 O176-58-7
 Check-in time 3:00pm / Check-out time 11:00am HP https://www.h-aurum.jp

16 Shimin-no-mori Yasuragi-so

116-2960 Aza-Sabishirotai, Misawa, Misawa © 0176-59-3388 M 0176-59-3735 Check-in time 4:00pm / Check-out time 10:00am on your departure date Closed: 3rd Mon. (following day if it is a national holiday), New Year's holidays

III Lake Ogawara Cottage

116-2857 Aza-Sabishirotai, Misawa, Misawa 0176-59-2830 (Lake Ogawara administration office) Check-in time 3:00pm / Check-out time 10:00am on vour departure date Closed: Dec. 28-Jan. 3

18 Tinv resort misawa

255-18 Misawawaseda, Misawa 080-5484-3768 Closed: Opened year around

Legend O "I want to take a morning bath!"

Misawa Air Base Air Festival

Featuring aircraft like the F-35A and the Blue Impulse aerobatic team, this air show offers breathtaking aerial performances that showcase rare speed and precision. perience compared to other air shows. Every year,

wa Air Base

3rd Air Wing headquarters



MISAWA EVENT GUIDE 🕁 Misawa Event Guide

Misawa has Japanese-style traditional festivals in addition to many unusual events that incorporate American culture. Many tourists come here from all over Japan.





Chuo Park Cherry Blossom Illumination

Chuo Park, located in the heart of the city, is a famous cherry blossom viewing spot in spring. At night, the cherry trees are beautifully illuminated, adding a magical touch to Misawa's spring atmosphere. It's a local tradition to enjoy cherry blossom viewing while having a barbecue.

Chuo Park Misawa Tourism Association 0176-59-2311



Shuji Terayama Museum Festivals

Held annually on May 4th, the anniversary of Shuji Terayama's passing (Shuji-ki), this event features talk shows, concerts, and various performances by quests connected to the renowned poet and playwright. It offers a chance to immerse yourself in Teravama's artistic world and experience his creative legacy.

Shuji Terayama Museum (Outdoor multi-purpose space) Shuji Terayama Museum 0176-59-3434



Misawa Lake Ogawara Festival ~OGAWARAKO DAY~

An outdoor event celebrating the natural beauty of Lake Ogawara, with activities

like kavaking, stand-up paddleboarding, (SUP), and beach voga. Visitors can also experience live music performances, delicious food, and breathtaking views of the suriset over the lake, making for a full day of enjoyment at Lake Ogawara. 🖸 Lake Ogawara

Misawa Tourism Association 0176-59-2311



Misawa Tanabata Festival

The central shopping district comes alive with colorful Tanabata streamers and decorations. In addition to traditional Tanabata displays, the festival includes events like dance contests and 3-on-3 basketball tournaments, with participation from U.S. military personnel, adding a unique Misawa touch to the celebration.

Misawa Chuo Shopping Street 2 Misawa City Chamber of Commerce and Industry 0176-53-2175



Misawa Festival

A traditional summer festival that brings excitement to Misawa with extravagant, creatively designed festival floats parading through the city. During the festival, a largescale street dance and costume parade take place, and even U.S. military personnel join in carrying the portable shrine, showcasing Misawa's unique blend of cultures.

Main roads in the city center, etc. Misawa City Chamber of Commerce

and Industry 0176-53-2175



Halloween Festival IN MISAWA

The central shopping district transforms into a lively Halloween celebration with costume parades and contests. American-style decorations and trick-or-treat game stations set up around the area add to the festive atmosphere, making it a thrilling event for all ages.

Misawa Chuo Shopping Street, etc. Misawa City Chamber of Commerce and Industry 0176-53-2175



MISAWA PHANTASIA

A dazzling winter illumination event featuring approximately 100,000 lights, including a massive 16-meter. Christmas tree and heart-shaped sculptures, making it a perfect spot for photos. Warm yourself up by also taking part in the food stamp rally.

Nakayoshi Park Misawa City Chamber of Commerce and Industry 0176-53-2175



Misawa BBO Jamboree - Local Production for Local Consumption in Misawa-

This event is for both experiencing, and participating in the BBQ food culture. that is deeply rooted in all Misawa citizens. Purchase a BBQ ticket for a set including the necessary items for BBQing. Besides meat, you can find seafood. caught at Misawa Fishing Port, as well as fresh local vegetable sets on sale.

Roadside Station Misawa Tonami Domain Memorial Tourist Village Memorial Hall for Forerunners 0176-59-3009 ((Misawa Tourism Association 0176-59-2311)

*Due to weather or other reasons, some contents may be changed or cancelled. Please check the Misawa City Hall official website or the Misawa Tourism Association official website.





Citv Hall Street Central MAP Misawa Police Station

Sky Plaza MISAWA

PIZZERIA MASSIMO

Lani Chicken Factory

MISS VEEDOL SHOP TSUZUKI

Misawa currency exchange

DEMZU

Carbs

FOREVER T

Dining restaurant

U.S.

Military

Misawa

Air Base

Raku

Spa House Kawamura

FUU HOUSE

DACHAT

Main

Gate



Library

33

Store Information Check our

Gourmet

website for restaurant information

Please refer to the corresponding page to see information on the listed stores

Restaurants

NOODLE HOUSE MARUMIYA [page 5]

2-7-13 Chuo-cho. Misawa 0176-57-0383 11:00am-3:00pm (L.O. 2:30pm) • 5:00pm-8:00pm (L.O. 7:30pm) Closed: Thu. and Sun.

2 Saishokurakushu Daiten [page] 2]

2-5-25 Chuo-cho, Misawa 0176-52-6157 mq00:01-mq00:6 Closed: Sun., Mon. and national holidays

3 Restaurant Osekka [page12]

[page13]

[page13]

Inside Shimin-no-mori Rest House 116-2945 Misawasabishirotai, Misawa 0176-59-3388 Apr.-Dec. 11:00am-3:00pm (L.O. 2:30pm). 5:00pm-8:00pm (L.O. 7:30pm) Jan.-Mar. 10:30am-2:30pm (L.O. 2:00pm) 4:30pm-7:00pm (L.O. 6:30pm) Closed: 3rd Mon. (following day if it is a national holiday). New Year's holidavs

4 Ogasawara Shokudo [page]2]

2-15-25 Sakura-cho, Misawa 0176-57-1467 11:00am-3:00pm, 5:00pm-8:30pm (Sat. and Sun. are opened only for lunch time) Closed: Mon

5 Akanoren

2-1-23 Chuo-cho. Misawa 0176-53-3333 11:00am-8:00pm Closed: Tue., Wed. and Thu.

Dining Raku

2-3-7 Chuo-cho, Misawa ☑ 0176-51-1792 5:00pm-9:00pm Closed: Sun. & Mon.

Z Sushikappo Fukusui (page 14)

2-3-7 Chuo-cho. Misawa 0176-51-2885 11:30am-1:00pm 4:30pm-10:00pm (L.O. 9:30pm) Closed: Sun.

8 Restaurant lyagawa [page15]

6-115-30 Okamisawa, Misawa 0176-57-1319 11:30am-2:00pm · 5:00pm-9:30pm Closed: 1st and 3rd Sun.

Sushi Otake [page15]

1-1-6 Okamisawa, Misawa *Reservation required 0176-57-2923 11:00am-2:00pm(L.O. 1:30pm) • 4:30pm-9:00pm(L.O. 8:30pm) Closed: Mon.

0 Shinobu Sushi [page15]

2-6-61 Chuo-cho. Misawa 0176-53-6693 5:00pm-11:00pm (Lunch is by reservation only.) Closed: Irregular holidays

Bars

11 CHAOZ [page10]

A 2F. 1-7-6 Saiwai-cho. Misawa 080-5221-6765 S:00pm- Closed: 1st Sun, and Mon.

12 TUBES RESUTAURANT BAR(TUBES) [page10]

- 2-3-34 Chuo-cho, Misawa
- 0176-52-6452 (Mon. -Thu., national holidays, the day before national holiday) 11:30am-10:00pm(Fri.) 11:30am-12:00am. (Sat.) 5:00pm-12:00am Closed: Sun.

